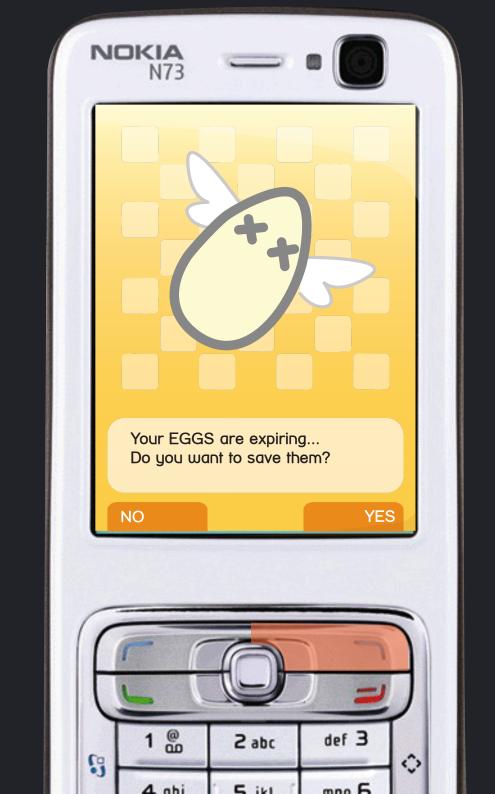
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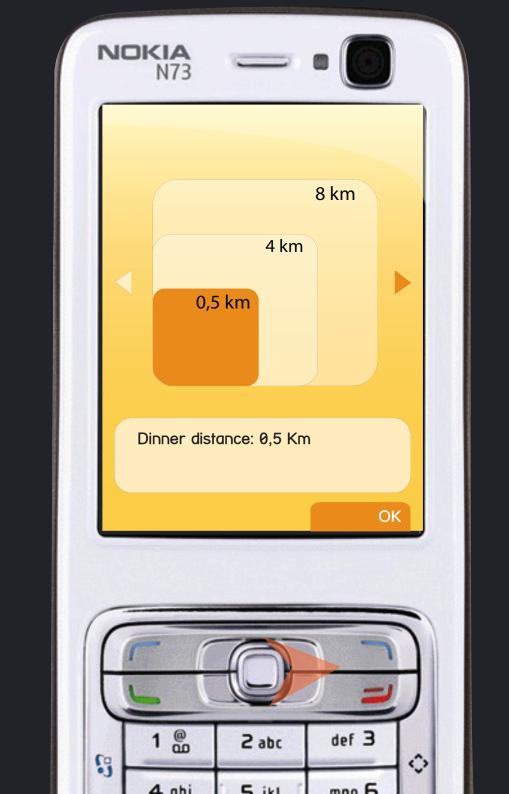


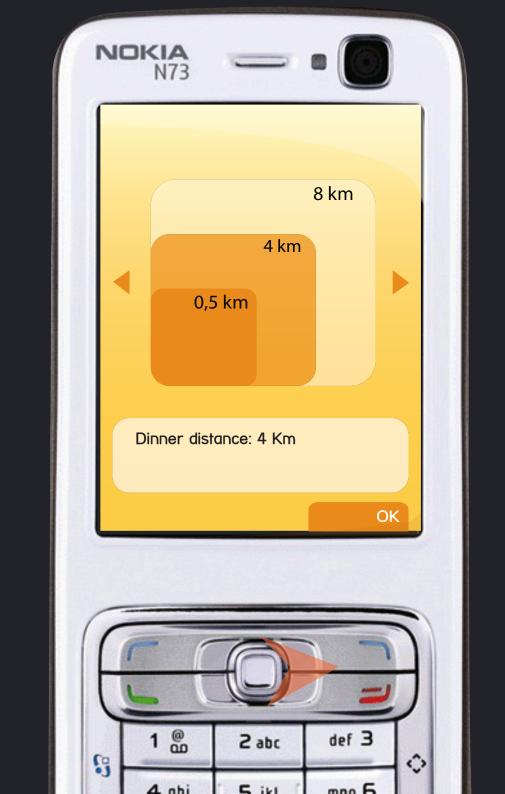


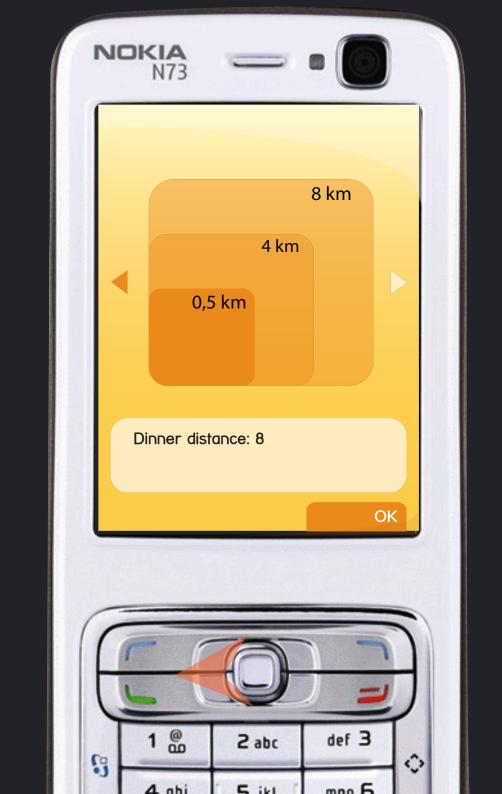


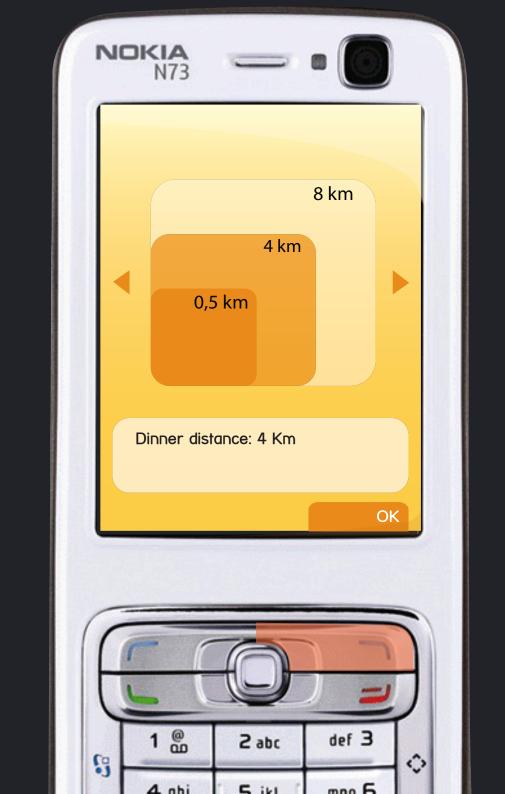




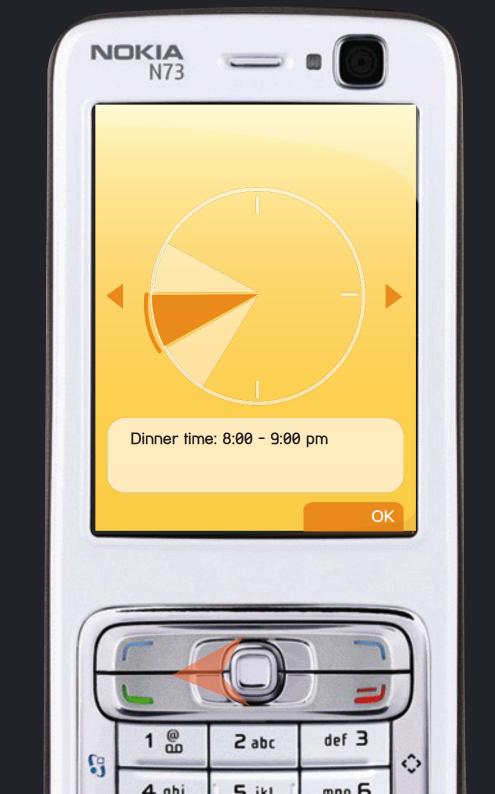




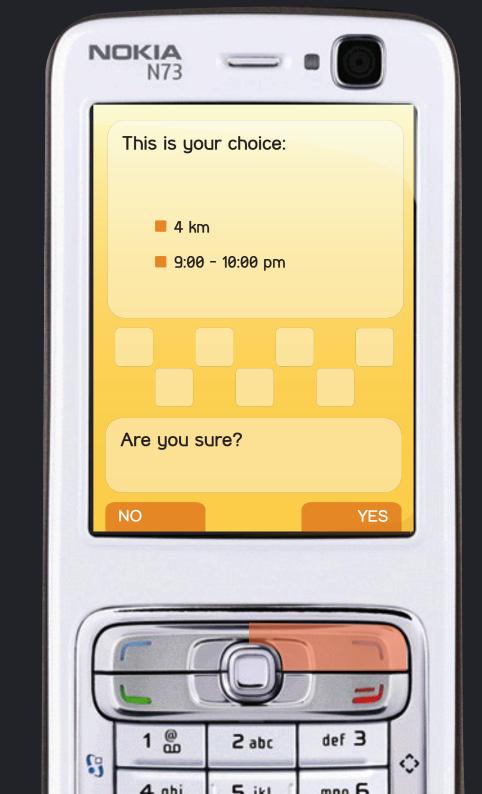








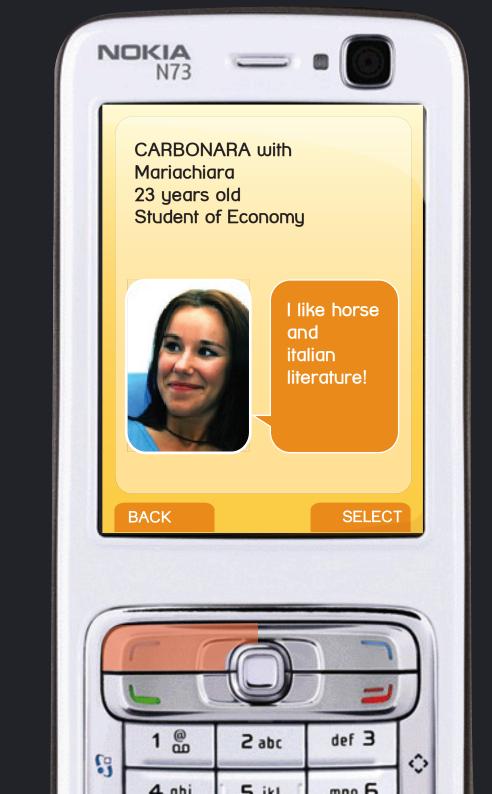


















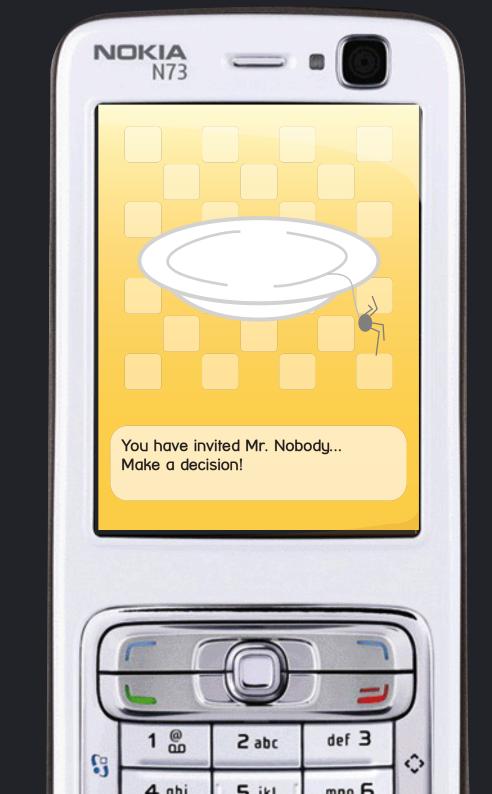
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E 141

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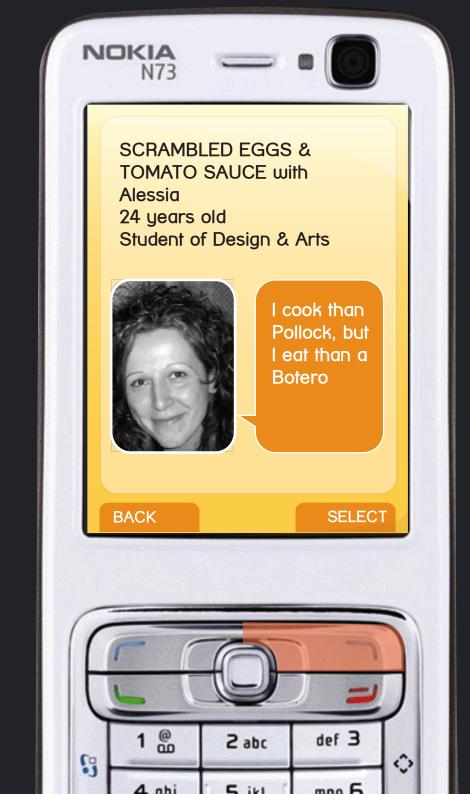
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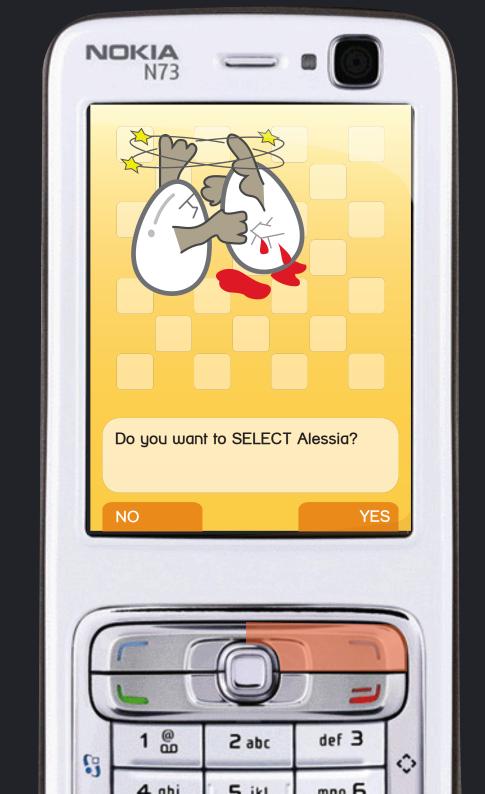






















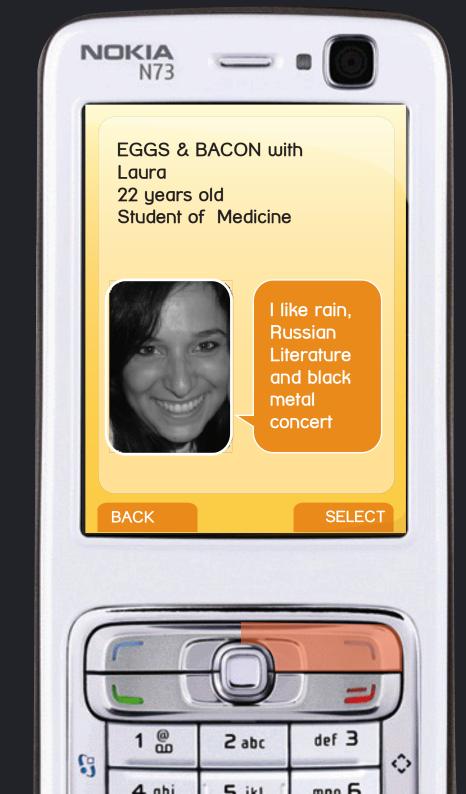


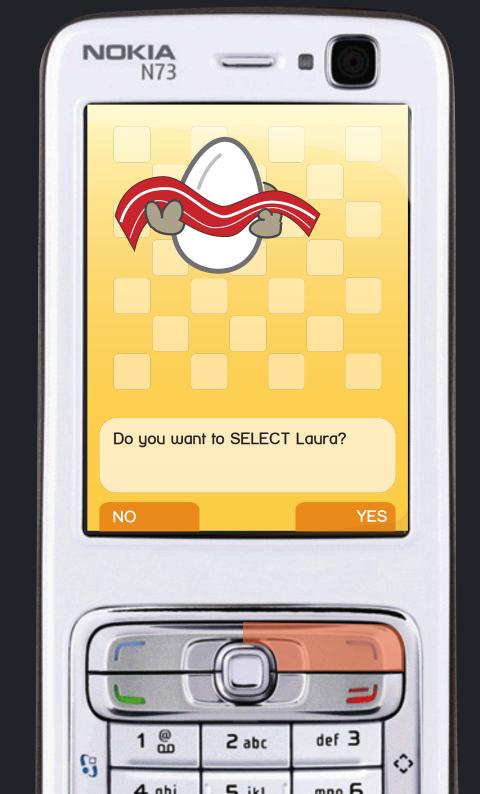
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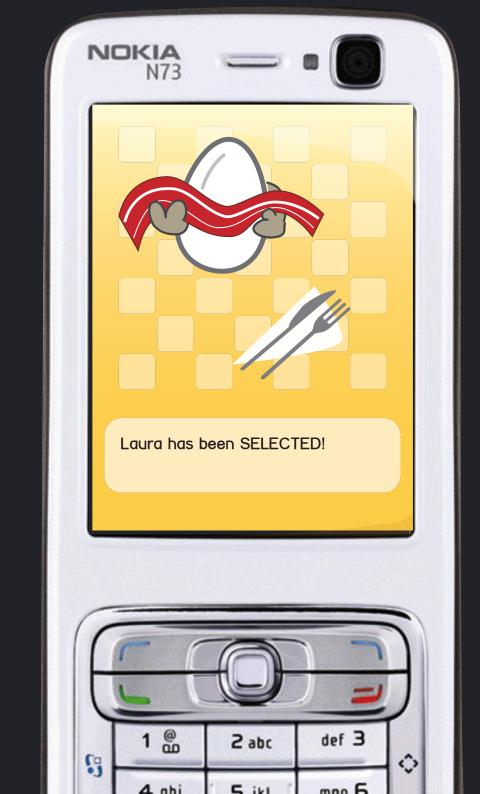
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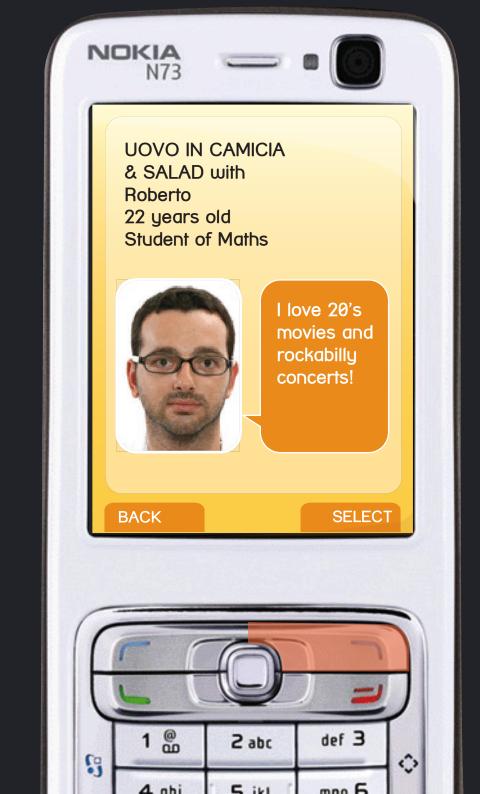


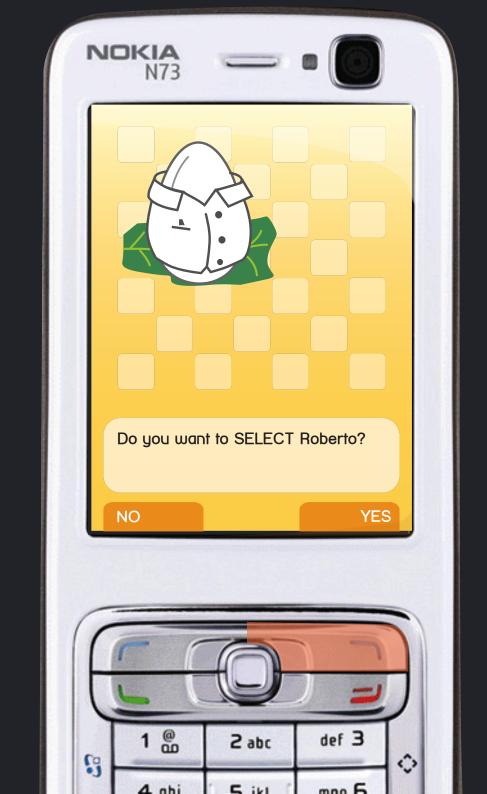


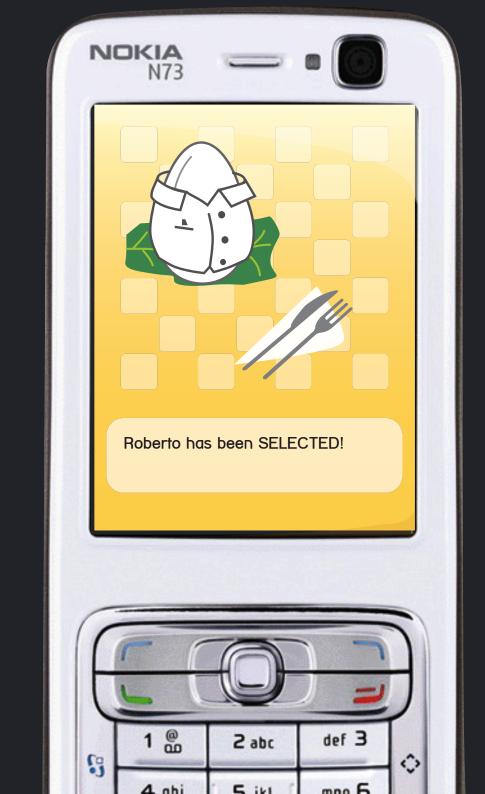












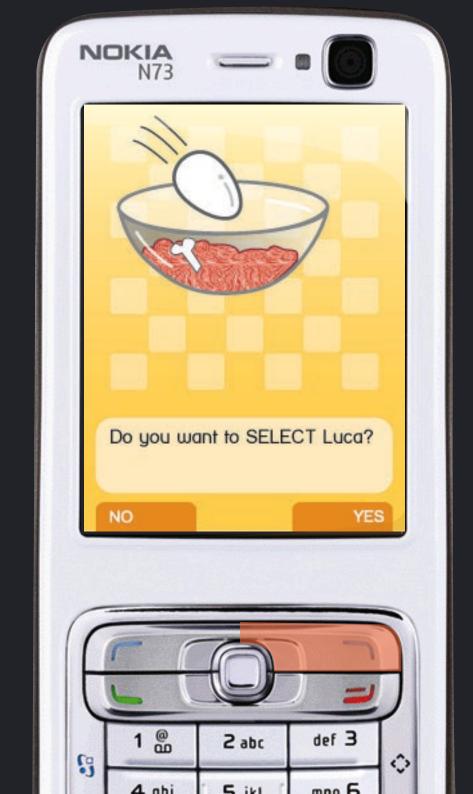


















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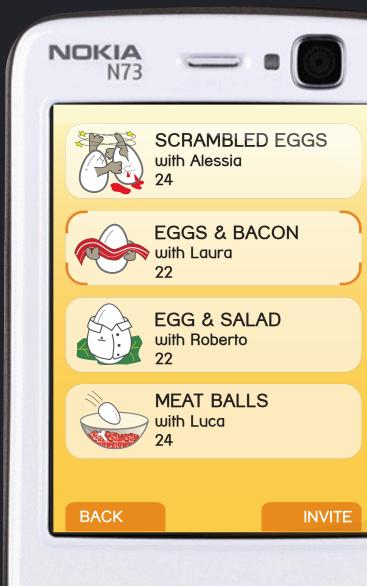
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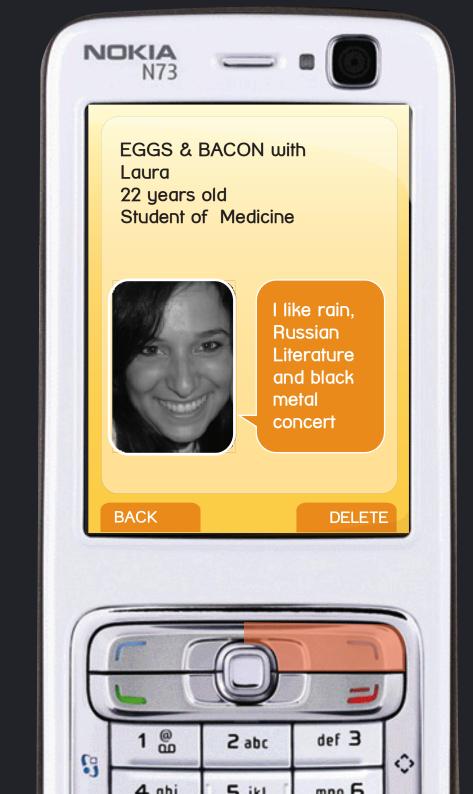
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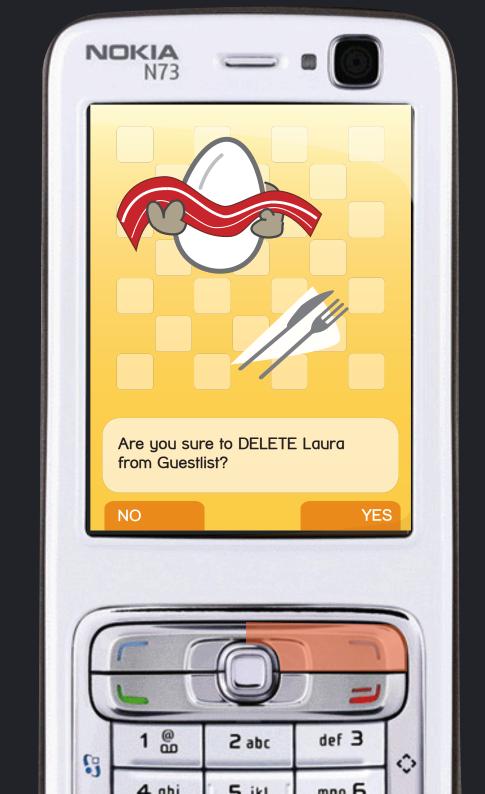
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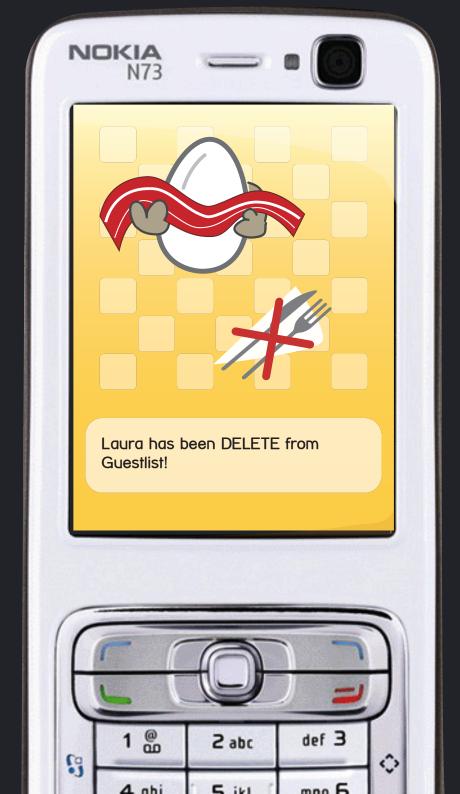










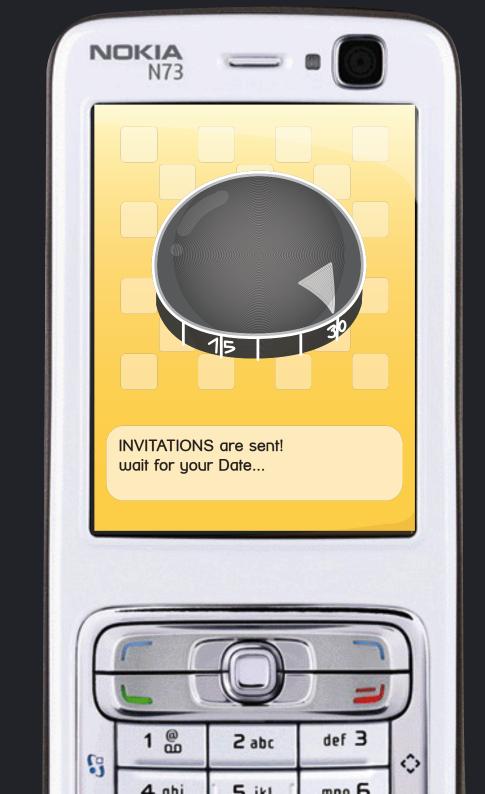




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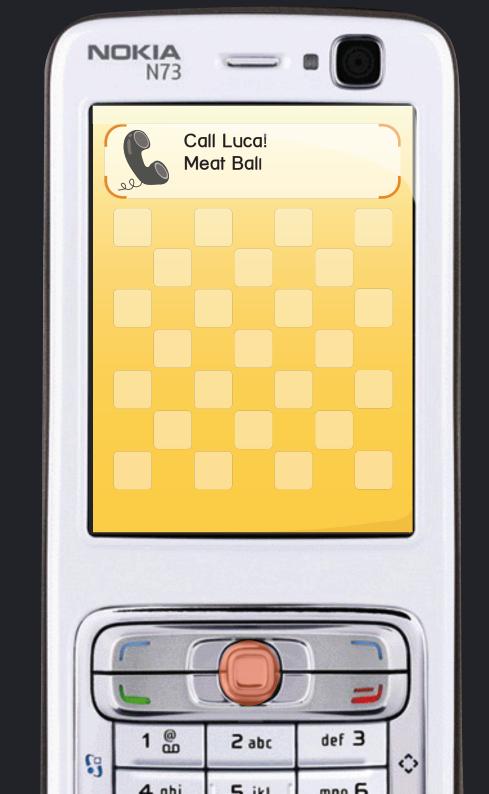


















## **MEAT BALLS RECIPE:**



Ingredients:

1 Ib lean ground beef
1/2 cup bread crumbs
1/3 cup water
1/4 cup cheese
1 egg
garlic
salt

## Preparation:

Mix all ingredients together.

Don't add all of the water at one time.

Mixture should be moist but not so that the meatballs fall apart.

Shape meatballs to desired size and place on a broiler pan

Broil until outside is slightly brown



